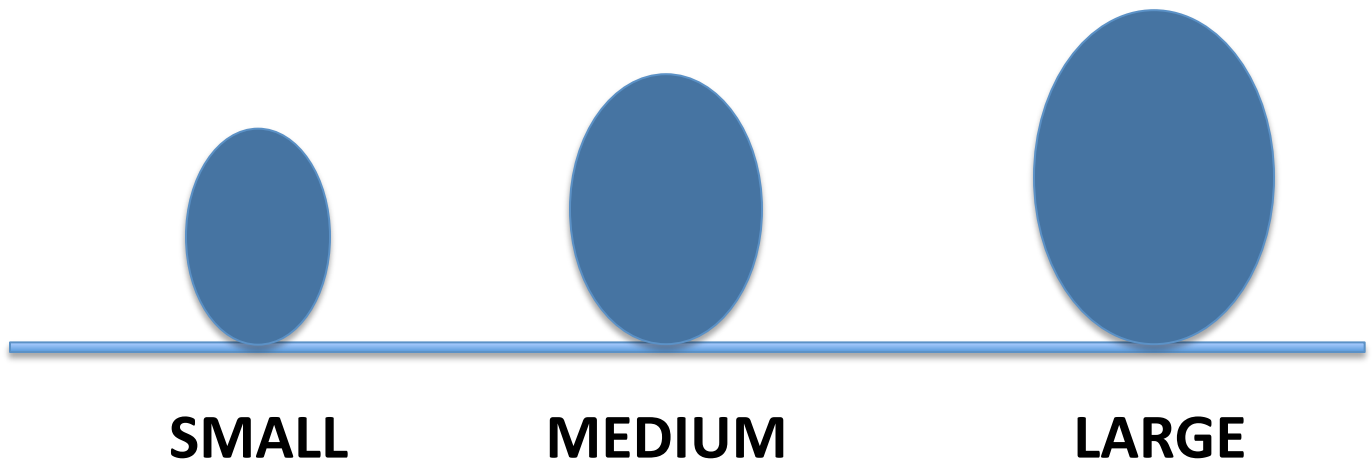




To best determine the size of Brez that you need, follow these simple steps:

1. Print out this page on 8 ½ by 11-inch paper.
2. Place the top of your thumb at the top of an oval, and press down.
3. If your thumb totally covers and overlaps an entire oval, this small size is **too small**.
4. If your thumb fits nicely, without totally overlapping, this is probably right size for you.

(Results based on internal audit of nostril size to thumb size)



Other hints:

1. Most people wear MEDIUM.
2. Most women wear MEDIUM or SMALL.
3. Most men wear MEDIUM or LARGE.
4. Most people can guess the right size.
5. Placement is important, too. Placed properly, you'll feel an increased intake of air when you breathe through your nose. It's almost as if you had eaten a mint.

www.mybrez.com